

# Activity Risk Assessment: - Climbing wall / Tree

Carlton Lodge recognises that using a suitably trained / qualified instructor will vastly reduce the inherent risks of the activity. Therefore all Carlton Lodge Activities will be led by suitably trained / qualified instructors.

No	Hazard	Who it effects	Unmanaged risk	Control Measures	Managed risk
1	Injury due to ill fitting equipment	Instructors & Group	<b>Medium</b>	Instructor to brief the group on the fitting of all equipment. All participants must have their equipment checked by the instructor before they are allowed to continue.	<b>Low</b>
2	Falling when on a rope	Instructors & Group	<b>High</b>	Ensure that all helmets and harnesses (P.P.E) are fitted correctly. All participants must be checked before leaving the ground for correct fitting of P.P.E and secure attachment to safety rope. Good peer belaying used in conjunction with sand-bags and people acting as anchors.	<b>Low</b>
3	Blow to head	Instructors & Group	<b>Medium</b>	Brief group objects to stay away from the bottom of the climb when not participating. Use of correctly fitted helmets. And to stay behind the helmet line without a helmet.	<b>Low</b>
4	Entanglement within ropes	Group	<b>Medium</b>	Tie back long hair. Remove loose clothing, toggles and jewellery. Briefing on correct position for lowering off.	<b>Low</b>
5	Panic attack	Group	<b>Medium</b>	Efficient and safe evacuation of student from cause.	<b>Low</b>
6	Trips and Slips	Group and instructor	<b>Medium</b>	In your brief warn group to be careful when crossing the helmet zone rope. Inform group to watch out for the edge of the mats	<b>Low</b>
7	Spinning and breaking holds	Group	<b>Low</b>	Regular safety checks to be carried out. Inform group of this in the bouldering brief.	<b>Low</b>
8	Falling when bouldering	Group	<b>Medium</b>	Include good spotting technique in brief, use were appropriate. Mats to be placed prior to the session.	<b>Low</b>
9	Falling whilst descending	Group	<b>High</b>	Instructor to take control of rope, or to hold live end during peer lowering.	<b>Low</b>
10	Entrapment in overhang	Group	<b>High</b>	Instructor to inform group not put limbs behind overhang, instructor to remain vigilant.	<b>Low</b>
11	Injury due to moving sand bags	Instructor	<b>High</b>	Staff to use sack barrow or ask for assistance.	<b>Low</b>