

Activity Risk Assessment: - Climbing Offsite

Main venues Scugdale and Brimham rocks

Carlton Lodge recognises that using a suitably trained / qualified instructor will vastly reduce the inherent risks of the activity. Therefore all Carlton Lodge Activities will be led by suitably trained / qualified instructors.

No	Hazard	Who it effects	Unmanaged Risk	Control Measures	Managed Risk
1	Injury due to ill fitting equipment	Instructors & Group	High	Instructor to brief the group on the fitting of all equipment. All participants must have their equipment checked by the instructor before they are allowed to continue.	Low
2	Falling from height	Instructors & Group	High	Brief the group on the dangers of the area and importance of group staying together. Ensure that all helmets and harnesses (P.P.E) are fitted correctly. All participants must be checked before leaving the ground for correct fitting of P.P.E and secure attachment to safety rope. All participants must be checked before leaving the ground for correct fitting of P.P.E and secure attachment to safety rope. Good peer belaying used in conjunction with people acting as anchors.	Low
3	Blow to head	Instructors & Group	High	Brief group on not throwing stones/objects and to stay away from bottom of the climb when not participating. Instructors to monitor top of climb to prevent individuals dislodging stones/objects. Use of correctly fitted helmets.	Low
4	Entanglement within ropes	Group	Medium	Tie back long hair. Remove loose clothing, toggles and jewellery. Briefing on correct position for lowering off.	Low
6	Panic attack causing further problems.	Group	Medium	Efficient and safe evacuation of student from cause. SPA Instructor to carry out rescues if necessary.	Low
12	Hypo/hyperthermia and exposure	Instructors & group	Medium	Instructors should ensure that the group is appropriately clothed for the weather. (e.g. Waterproofs, hat, gloves, warm clothes, sun-lotion etc.) Instructors should ensure that group is appropriately hydrated and monitor the state of all individuals within the group. Instructors should be prepared to stop or have a break during the session. Group needs safety bag readily available. Instructor to ensure this.	Low

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10	Other users	Instructors & Group	Medium	Brief the group about the possibility of other users and how to conduct themselves around them. When at the base of the boulders / cliffs all participants and instructors to wear helmets. Where possible use locations free from other users.	Low
9	Cuts and abrasions	Instructors and groups	Medium	Warn group in brief about the hazard of roots, rocks, branches etc. Also of scraping skin against rock. Instructor to be vigilant through out. Advise group members to wear long sleeve tops and long trousers.	Low
10	Slips and trips	Instructor and group	Medium	Appropriate footwear should be worn. Helmets to be worn at all times. Group advised on safe practice. Instructor to spot participants where necessary.	Low