

Activity Risk Assessment: - Climbing wall / Tree

Carlton Lodge recognises that using a suitably trained / qualified instructor will vastly reduce the inherent risks of the activity. Therefore all Carlton Lodge Activities will be led by suitably trained / qualified instructors.

No	Hazard	Who it effects	Unmanaged risk	Control Measures	Managed risk
1	Injury due to ill fitting equipment	Instructors & Group	Medium	Instructor to brief the group on the fitting of all equipment. All participants must have their equipment checked by the instructor before they are allowed to continue.	Low
2	Falling when on a rope	Instructors & Group	High	Ensure that all helmets and harnesses – Personal Protective Equipment (P.P.E) are fitted correctly. All participants must be checked before leaving the ground for correct fitting of P.P.E and secure attachment to safety rope. Good peer belaying. Ground Anchors available.	Low
3	Blow to head	Instructors & Group	Medium	Brief group members to stay away from the bottom of the climb when not participating. Have correctly fitting/ properly done up shoes on. Check regularly for dead branches in tree. Use of correctly fitted helmets.	Low
4	Entanglement within ropes	Group	Medium	Tie back long hair. Remove loose clothing, toggles and jewellery. Briefing on correct position for lowering off.	Low
5	Panic attack	Group	Medium	Efficient and safe evacuation of student from cause.	Low
6	Trips and Slips	Group and instructor	Medium	Inform group to watch out for the edge of the mats, be aware of uneven ground near tree.	Low
7	Spinning and breaking holds	Group	Low	Regular safety checks to be carried out. Inform group of this in the bouldering brief.	Low
8	Falling when bouldering	Group	Medium	Include good stepping off/ spotting technique in brief, use where appropriate.	Low

				Mats to be in place prior to the session.	
9	Falling whilst descending	Group	High	Instructor to take control of rope, or to hold live end during peer lowering.	Low
10	Entrapment in overhang	Group	High	Instructor to inform group not put limbs behind overhang, instructor to remain vigilant.	Low
11	Injury due to moving sand bags	Instructor	High	Staff to use sack barrow or ask for assistance.	Low
12	Unsupervised use	Group	Medium	Signage and brief on arrival. In the case of a visiting group wishing to use their own instructors and equipment: Instructors must prove to Chief Instructor that they are SPA or above. They will ensure that the equipment that they bring is suitable both for their clients and the in-situ equipment at Carlton Lodge.	Low