

Activity Risk Assessment: - Rope Bridge

Carlton Lodge recognises that using a suitably trained / qualified instructor will vastly reduce the inherent risks of the activity. Therefore all Carlton Lodge Activities will be led by suitably trained / qualified instructors.

No	Hazard	Who it effects	Unmanaged Risk	Control Measures	Managed risk
1	Falling	Group	High	Brief group not to shake rope, and to take particular care when getting on and off the rope bridge.	Low
2	Falling onto rope	Group	Medium	Brief group not to shake rope. And when falling from the bridge not to hold on or you could swing back into rope.	Low
4	Infection	Group	Medium	Guidance notice in accommodation regarding Weils disease. Cover all cuts. Group to spend minimum amount of time in the water. Group to shower after water activities.	Low
5	Falling from bridge during low water levels	Group	Medium	Brief group that water levels are low and to take extra caution at the start and finish of the rope bridge. Participants are not allowed to jump in while on the starting or finishing sections of the bridge.	Low
6	Hypo/hyperthermia and exposure	Group	Medium	Instructors should ensure that the group is appropriately clothed for the weather (e.g. Waterproofs, hat, gloves, warm clothes, sun-lotion etc.). Instructors should ensure that group is appropriately hydrated and monitor the state of all individuals within the group. Instructors should be prepared to stop or have a break during the session.	Low