

Activity Risk Assessment: - Axe Throwing

Carlton Lodge recognises that using a suitably trained / qualified instructor will vastly reduce the inherent risks of the activity. Therefore, all Carlton Lodge Activities will be led by suitably trained / qualified instructors.

| No | Hazard | Who it effects | Unmanaged risks | Control Measures | Managed Risk |
|----|---|----------------|-----------------|---|--------------|
| 1 | Slips trips and falls. | Everyone | Medium | Relate to the group that only walking is permitted in the Axe Throwing Area. Instructor to clear any trip hazards from range when setting up activity area. | Low |
| 2 | Cuts from axes | Everyone | Medium | Brief the group on the dangers of the axe: where to hold it and not to touch the blade. When re-setting the blade, always have it pointing away from you. | Low |
| 3 | Accidental release behind thrower | Everyone | Medium | Position group on waiting benches. Instructor to stand to one side. | Low |
| 4 | Being hit by an axe | Everyone | Medium | Position group on waiting benches. Instructor to stand to one side. Instructor to manage group and give safety brief. Students only to approach the Throwing Line by going behind the tree. | Low |
| 5 | Cuts or injury from dropping the axe. | Students | Medium | Students to wear appropriate clothing and closed-toe footwear. | Low |
| 6 | Hitting ones-self while throwing or retrieving axe. | Students | High | Safety brief and demonstration. Careful group management and vigilance. | Low |
| 7 | Shoulder/elbow | Everyone | Medium | Advise the group to warm up if necessary. | Low |

| | | | | | |
|----|---|----------|--------|---|-----|
| | strain | | | Practice with a wellie first if necessary. | |
| 8 | Group misbehaving or playing with spare axes. | Everyone | High | Good group management. Sheath un-used axes and keep out of the way. Stop session if it is felt that anyone's safety is at risk. | Low |
| 9 | Over-throwing | Everyone | Low | Targets placed sensibly. Back-stop wall in place. | Low |
| 10 | Bounce back | Everyone | Medium | Demonstrate correct technique. Make sure group stays back by waiting area. | Low |
| 11 | Other users straying into area | Everyone | Medium | Fence kept in good order. Signage. Instructor to remain vigilant. | low |